



# 6<sup>th</sup> ALL ZOROASTRIAN ARM WRESTLING COMPETITION

20<sup>TH</sup> JANUARY 2024, 6.00pm Onwards



**ORGANIZED BY**  
**PARSEE GYMKHANA ( MARINE LINES )**  
**ON THE GYMKHANA GROUNDS**

CASH PRIZE Rs. 2,00,000/- (Cumulative)

## CHIEF GUEST

**Mr. ADILLE SUMARIWALLA**

Olympian & Arjuna Awardee

President - Athletics Federation of India

Vice President and Executive Board Member - World Athletics

## CATEGORIES (Men & Women)

**JUNIORS:** Under 18 years Weight class from 40 kg

**SENIORS:** Weight class starting from 50 kg

**MASTERS:** Over 40 years

**GRAND MASTERS:** Over 50 years

**SUPER CLASS:** Over 60 years

**TEAM CHAMPIONSHIP:** 4 members per team

**CHAMPION OF CHAMPIONS:** Previous year Champions (Men/Women) will fight with Senior Champion for CHAMPION OF CHAMPIONS Title.

Minimum Four Entries in each category failing which the categories will be merged

**Entry fees per wrestler: Rs.700/-** (including entry, dinner & T-shirt).

Entry forms will also be available online.

## DINNER COUPONS

Members Rs 800/- Guests Rs. 900/- (Last date of ticket issue 15<sup>th</sup> January 2024)

Coupons will be available at Parsee Gymkhana Office between 10am and 6pm.

## BUFFET MENU

**Starters:** Peri Potato Wedges with Garlic Aioli, Kung Pao Prawns.

**Accompaniments:** Kachumber & Lemon, Chapati, Assorted Bread Basket.

**Main Course:** Chicken Rahara, Pan Seared Fillet of Fish with Mustard Lime Sauce, Subzi Miloni, Steamed Rice, Vegetable Thai Green Curry.

**Dessert:** Kulfi.

**Contact for Entry forms:**

Ms. Pooja / Ms. Preeti – 9167868817 /022-2281 1869

**Email:** [armwrestling@parseegymkhana.in](mailto:armwrestling@parseegymkhana.in)

Arrangements for  
overnight hotel  
stay for outstation  
participants will be  
made on request

**ERVAD  
&  
Mrs. H. P.  
ANTIA TRUST**



**JUSTICE  
SHAHRUKH J.  
KATHAWALLA  
(RETD)**